

Applied Leadership Proposal

| First Name: John  | Last Name: Doe          |                                 |         |
|---|-------------------------|---------------------------------|---------|
| Proposal Type:  |                         |                                 |         |
| □Internship   | $\Box$ Service Learning | $\boxtimes$ Research            |         |
| E-mail: johndoe@onid.oregonstate.edu  |                         | <b>Student ID#:</b> 93*-***-*** |         |
| Home Department: Psychology   |                         |                                 |         |
| Year in School:   |                         |                                 |         |
| $\Box$ Freshman   | □Sophomore              | □Junior                         | ⊠Senior |
| Site Supervisor for Experience: Rachel Lipke                                |                         |                                 |         |
| Site Supervisor's Title: Research Assistant in the Department of Psychology |                         |                                 |         |
| Site Supervisor's Phone Number: ***_***                                     |                         |                                 |         |
| Site Supervisor's E-mail Address:   |                         |                                 |         |
| Start Date: June 10, 2015End Date: S  |                         | September 20, 2                 | 2015    |
|   |                         |                                 |         |
| Approximate Hours Per Week: 35  |                         |                                 |         |
| Approximate Number of Weeks: 10   |                         |                                 |         |
| Approximate Total Hours: 350  |                         |                                 |         |
| <b>Credit Hours Desired:</b>  | 10                      |                                 |         |

Please answer the following questions in the space provided below.

**Summary of Experience:** (What will you be doing during this experience? Please describe in detail what your role(s) and responsibilities will be at the site. Also, list any duties or projects with completion deadlines, if relevant.)

I am interested in research related to leadership. I will be conducting a study that relates employee satisfaction and leadership styles. The steps I will take during this internship are below:

- 1. Researching previous studies conducted on leadership styles and employee satisfaction
- 2. Plan a research and interview process that can categorize individuals and measure employee satisfaction
- 3. Communicate with business willing to participate in the study
- 4. Schedule and plan times to visit and interview employees on a regular basis
- 5. Compile the data and analyze the data
- 6. Summarize my research, procedures, results and recommendations

Leadership Learning Outcomes: (What do you expect to learn through this experience? )

1.) While working with various businesses on a regular basis, I hope to develop and maintain professional relationships. This is crucial for the success of my project.

2.) A majority of my project will be self-motivated. I am going to use this experience to develop my ability to time manage.

3.) People experience all types of emotions during their work day; therefore this experience will push me to develop my emotional intelligence and formulate good questions that can be generated into types of emotions as a result of leadership styles.

4.) This project requires a lot of decision making. I am eager to practice making decisions in a timely fashion. I hope to gain a better understanding of methods for making good decisions in a reasonable amount of time.

5.) Interviewing businesses and employees will take time away from their normal work schedule, thus I am going to use this experience to develop my ability to plan ahead and come prepared.

6.) Business are often in varied states of group development and as a result I hope to learn more about how to assess what stage the group is in based on their interactions with one another at work.

7.) While interviewing businesses and employees I am going to use accurate and concise communication to minimize miscommunication.

8.) Research in leadership aligns with my personal and career goals. I hope to gain a clear direction on what I may enjoy studying in the future.

9.) I believe leadership includes stress management. I look forward to developing my ability to manage stress.

10.) Being my first research project, I expect to encounter difficulties. I am going to use this experience to develop my ability to problem solve and move past obstacles.

**Personal Development:** (How will this experience contribute to both your leadership development goals and your career goals?)

My leadership and professional goals include doing research on leadership in the work place. Therefore, the experience of planning, executing, and reflecting on my research project is a premier opportunity for me. Specifically this experience will develop my ability to communicate accurately and concisely, time manage, and encourage me to develop those reflection skills that a leader would need in order to be successful (e.g. strategic planning, self-awareness, decision making, and the ability to solve problems in a timely fashion).